

What's On

May - June 2022



The Christ Church Centre

Tel: 01491 577733

Email: managers@christchurchhenley.org.uk Website:
www.christchurchhenley.org.uk



Concerts

❖ 14th May Aliquando

Aliquando Chamber Choir – Jubilee Concert – This Sceptred Isle
in aid of Jacaranda Trust

Tickets £18 – children under 16 £5.00

From www.aliquando.co.uk or call 01491 578238

❖ 19th May Chiltern Arts Festival

Catrin Finch (harp) & Seckou Keita (kora) Wales meets Senegal as multi-award-winning duo Catrin Finch and Seckou Keita continue their inspiring cross-cultural collaboration combining classical harp and kora.

Tickets £28.00 for tickets & more information see www.chilternarts.com or call 01442 920303

❖ 18th June Henley Symphony Orchestra

Programme includes Mendelssohn's Hebrides Overture, Bach's Brandenburg Concerto No. 3 and Mozart's Symphony No. 41.

❖ 16th July Henley Symphony Orchestra

Programme includes music by Offenbach, Saint-Saens, Bartok, Strauss, Ginastera & Tchaikovsky.

Details to be released soon on www.henleysymphonyorchestra.co.uk

Rooms for Hire

For all room hire enquiries, please contact the Centre Office on

01491 577733 or email managers@christchurchhenley.org.uk

Discounts are available for registered charities and for block bookings of 10 or more dates. Please refer to the Centre Information booklet for more details.

Pither Hall (135 sq m)

£31.00 / hour (up to 18.30)

£33.00 / hour (after 18.30)

Kempster Hall

88 sq m

£31.00 / hour

Morris Room 2

50 sq m

£26.50 / hour

Wentworth Room

18 sq m

£18.50 / hour

Morris Room 3

13 sq m

£14.50 / hour

Also available to hire:

- The Concourse and Kitchen for lunches, dinners etc
- The Church may be hired for Concerts, Recitals, Plays etc
 - The Chapel for small, private meetings.

Please feel free to discuss your requirements with the Centre Management – we are sure to have a space available to suit you!

The Christ Church Centre

46 Reading Road,

Henley-on-Thames.

RG9 1AG

www.christchurchhenley.org.uk

Indian Summer
Bereavement support group
Support & Friendship
1st Monday of each month
Tel: Sue Kendrick 0118 9474562

Well-Being

AA
Support group for those who wish to recover from alcoholism and achieve sobriety
Tuesdays 07.30 – 08.30 Morris 2
Thursdays 19.00 – 21.00 Kempster Hall

Al-Anon
Help and support for families and friends of problem drinkers
Thursday 20.00 – 21.30
Wentworth (Room 1)
Tel: 0207 4030888

Dr Katy Messenger, Clinical Psychologist
Providing effective, evidence-based psychological assessment and therapy for adults and adolescents with a wide range of psychological issues, including trauma, phobias, depression, stress, anxiety, panic and OCD, using Cognitive Behaviour Therapy (CBT) and Eye Movement Desensitization and Reprocessing (EMDR) .
Tel: 07733 471482 **Email: katymessenger@rocketmail.com**

Health & Fitness

Can Do Martial Arts

Karate for Adults & Children

Saturdays 09.00 – 10.00

Pither / Kempster Hall

Tel: 01235 364370

Email: scott@candomartialarts.co.uk

Tai Chi

Slow meditative physical exercise for relaxation, balance and health

Wednesdays 19:30 – 21:00

Pither Hall

Tel: 01491 576611

Email Julian@tranquilrivertaichi.com

Parkinson's Seated Exercise Class

Every Wednesday except the 4th Wednesday of the month

10.30 – 11.30 Kempster Hall

Tel: 07948 993081

Henley Branch Parkinson's UK

Meets on the **4th Wednesday** of every month

10.30 – 12.00

Kempster Hall

Tel: 07948 993081

Parkinson's Voice Exercise Class

Meets 1st Friday of every month 14:00 – 16:00

Morris 2

Health & Fitness (Continued)

Age OK Strength & Balance Exercise Class

Focusing on strength, balance, flexibility and mobility. Uses chair as a support, ideal for people who are worried about their balance

Wednesdays 13.30 – 14.30

Kempster Hall

Tel: 01235 849403

www.generationgames.org.uk

Educational (Children)

Henley Village Montessori Nursery School

"A happy place to learn"

Supporting children through their early years to become confident, content and considerate.

Open from 9.00 – 16.00, Monday – Friday, 45 weeks of the year

For admissions, please visit www.henleynursery.com

Email: manager@henleynursery.com **Tel: 07713 187353**

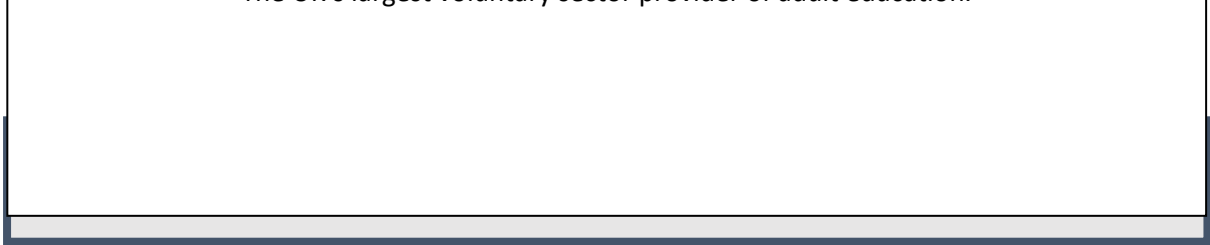
Dyslexia Assessments

Specialist assessments for individuals of any age who feel that they or their child are not progressing as well as they might.

Tel: 07950829764

Email: leoniesacher@btinternet.com

Educational (Adults)



Sunday Morning Worship 10.30am

Everyone welcome

For more details, please refer to www.christchurchhenley.org.uk

Messy Church!

Bible story-related activities & a hot meal for accompanied children

2nd Friday every month 16.00 – 18.00, Pither Hall

Tel: Glyn 01491 412621

Email: glyn@millingtons.org

FROGS

Friends of God Toddler Group

Toys, crafts, Bible Stories and songs.

For 0 – 4 year olds and their parents & carers

Thursdays (term time only)

10:00 – 11:00 Pither Hall

Tel: 01491 57773

Email: managers@christchurchhenley.org.uk

Bluebells Day Centre

Bluebells Day Centre

Bluebells provides social engagement, activities and care for people living with Dementia and related disabilities, and a day of respite for their carers. Transport available.

Mondays & Thursdays 10:30 – 15:30, Morris 2

Tel: 07931 980597

Email: info@bluebellsdaycentre.org.uk

Social

Christ Church Memory Café

A supportive, social gathering place for anyone with memory loss, mild cognitive impairment, early Alzheimer's, or other dementia, and their family and friends.

Enjoy tea, coffee & home-made cakes

Every Wednesday & Friday Morris 2 from 10.30 – 12.00

Tel: 01491 577733

Christ Church Open House Lunch

Home-cooked lunches – open to everyone.

Every Thursday from 12:00 – 13:30

Busy Bees

Craft Group – all welcome for coffee, chat & creative work. Any craft, any ability!

Meeting the 2nd and 4th Tuesday of each month 14.00 – 16.00 on the Concourse

Tel: Hilda Glendenning on 0118 9484614

Oddfellows Three Counties Branch

Third Tuesday of the month

14.00 – 16.00

See notice board for room

Tel: Lynda Edwards – 01491 871054

Opera Prelude

Lecture Recitals, Concerts, Masterclasses

Working closely with early-career opera singers bringing opera into the community

18th March and 8th April 2022

Book online at www.operaprelude.org or call 020 7183 7323

FROGS

Friends of God Toddler Group

Toys, crafts, Bible Stories and songs.
For 0 – 4 year olds and their parents & carers

Thursdays (term time only)

10:00 – 11:00 Pither Hall

Tel: 01491 57773

Email: managers@christchurchhenley.org.uk

Children's Activities

Playball

Comprehensive movement & sport skills based programme for 2 – 8 year olds.

Saturday 10:30 – 12:15 KEMPSTER HALL

Please contact Matt on Tel: 07477 860335

Email: matthewjmackinnon@gmail.com

Alison-Jayne School of Dance

Classes in ISTD ballet, tap & modern from 3+

Tuesdays 15.30 – 19.00 Pither Hall

Wednesdays 16.15 – 17.45 Pither Hall

Tel: 01189 790683

Email: ajdance.uk@gmail.com

Vision Gymnastics

Monday 14.00 – 14.45 & 15:15 – 20:00

Tuesday 15:30 – 19:00

Thursday 15.00 – 19.15

Tel: 07770 563492